

With your help, SoRock will continue to partner with...

Youth, parents, the business community, media, schools, youth-serving organizations, law enforcement agencies, religious and fraternal organizations, civic and volunteer groups, healthcare professionals, state and local agencies in order to...

- Educate state and federal legislators on the importance of substance misuse prevention funding and services
- Access local, state, and federal programming and resources for our eight towns
- Connect schools to resources for suicide prevention, substance misuse prevention and Trauma Informed Classrooms
- Integrate the community into projects stimulating hope and mental wellness for all ages
- Develop police and high school student forums to discuss underage drinking



c/o Sanborn Regional High School
17 Danville Road
Kingston, NH 03848
(603) 642-3341 Ext. 196
www.sorocknh.org

- Sponsor retreats to reduce “compassion fatigue” for EMTs, police, and fire departments
- Develop community forums on topics concerning teen substance use and mental health/wellness
- Educate businesses on the impact of substance misuse and the value of creating recovery friendly workplaces
- Educate the elderly and aging population on the importance of medication safety
- Provide easier access to lockable medicine cabinets and containers for community members
- Create community support groups for grandparents and family caregivers of children affected by substance misuse
- Develop wellness programs for grandparents and family caregivers of children affected by substance misuse

- Sponsor parenting workshops in our communities
- Create trainings inspiring peer leadership on topics such as substance misuse prevention, school climate, and encouraging community involvement
- Run community awareness campaigns about the legalities of hosting teen parties
- Run underage drinking awareness/safety campaigns such as “Sticker Shock,” “Fatal Reality,” and “Reward and Remind”
- Run opioid safety campaigns for health professionals in partnership with hospitals, doctors and pharmacies

An ounce of prevention is worth a pound of cure.

- Introduce students to free or low-cost recreation in or near their community
- Create relationship and skill building workshops for incoming middle school students and their parents to increase protective factors and decrease risk factors
- Develop health and wellness workshops
- Support Community Drug Take Back events
- Facilitate the institution of additional permanent prescription drop boxes in our communities

