

## **Southern Rockingham Coalition for Healthy Youth**

c/o Sanborn Regional High School 17 Danville Road Kingston, NH 03848 (603) 642-3341 Ext. 1235

DATE: March 14, 2023 TIME: 9:00am - 10:30am LOCATION: ZOOM

PARTICIPANTS: CScott: KBinette (TRMS); SAreson(SMP); LOta (CLM); KMacNair (HAVEN); Maya C (Outreach at HAVEN); JBeaudoin (CLM); TLena (TRHS); KMacDonald (SCPH); JKowalski (parent); WLeyland (); JBeaudoin (CLM); Eliza Zarka; JBarbick (HSD);

CALL TO ORDER: 9:06am

**REVIEW OF MINUTES:** 

Motion to be approved by email

## COALITION UPDATES/ Sustainability/Funding: 915am

- TOWN FUNDING: TODAY IS VOTING DAY!! We are a line item in 6 towns, part of the human services warrant bundle in Newton and a warrant article in Atkinson
- Rose C wrote a Letter to the Editor on behalf of SoRock following a community information night it appears the citizens are supportive but the budget committee continues to be a sticking point. New budcom candidates supportive of SoRock.
- Stop Act Grant submitted!! (Thank you for all your hard work, Tim, Kelley & Rick!)
- DFC's mobilized to see if Governor had funding but his budget was already close to due dates, but trying to work with Michelle Ricco and Celeste Clarke to see how we can work with legislators to see if last minute it can go to the budget

## PROJECTS AND CAMPAIGNS:

- Support from SPHN allowed us to purchase locking medicine cabinets for home safety kits from a grant awarded to us; TRSD is starting to do home visits again and can use power packs
- Atkinson Info Night low attendance but prompted some articles afterward; denied to put it on the cable tv channel. Posted the powerpoint on the Atkinson community pages.
- LOA Summit 2/20 LOA has stalled since the pandemic but SoRock spearheaded an event through Timberlane with 6 schools with LOA 101 and Deb Hultz as a trainer; hope to do a second trainer on the ropes course in the spring
- Sanborn Middle School Staff- had done 'current drug trends' with Laurie Warnock xylazine is growing (stronger than ketamine)
- Several SoRock partners are going to have tables at Sanborn MS Pasta Dinner where parents will be present
- Focus groups for Sanborn kids grades 10 and 11 from Seacoast PHN
- Sanborn Career Fair is scheduled to happen again 4/19 added DEA to the list of vendors/presentations (7-12th grades go in the day, open to other schools in the afternoon.) sponsored by Seacoast PHN. Fair moved to April 19th by the school
- Lynn Lyons coming to Sanborn on 4/20
- Gizmo (mental health literacy for ages 5-10) at Hampstead Central for 2nd grade on May 23; 8th graders will help by reading the book and the librarian is going to be involved for the reading piece; Mental Health Awareness month is in May to coincide. SC membership will reach out to Danville School and Sandown North contacts personally about bringing the program in.
- Project Stand By Me (parents and students) is a go this year to transition 5th to 6th grade at Sanborn, Camp Lincoln, sponsored by D.A.D (Drugs are Dangerous) Fremont may be included if they vote to stay in the district.
- TRSD kids to present businesses with a certificate thanking them for not selling to minors on the 20th 4 seniors to present to 6 stores with LOA shirts (but it is not a school event) in partnership with SCPHN. Seacoast PHN also has 2 stores and will do with Sanborn Youth when window clings come in.
- TRSD 3/19 to do Sticker Shock at local grocery stores to promote that it is illegal to purchase for minors

- NH Voices has offered workshops for positive advocacy skills for youth; Working on getting workshops into all MS and HS.
- Tim advising on simultaneous No Safe Experience Campaign to educate on the facts of fentanyl to produce a fact based campaign and not a fear based campaign
- Nalox Box we have 5 boxes for our towns Danville identified the municipal buildings; Atkinson identified a gas station but it is not a 24 hr station so another location will need to be identified;
- Legislator Brunch is in the works again to educate legislators about life after legalization from other states

## **PARTNER UPDATES: 945am**

- CLM Anxious Nation (film) through NAMI and Endowment for Health to make this film viewable with up to 1500 attached for venue, food, speakers CLM is happy to help SoRock / schools promote this; target May for Mental Health Month (Lynn Lynons interviewed); 7 Challenges is underway; going to Chester Academy to do Screenagers Pt2 to be on a panel
- Governor's office (Addiction & Behavioral Health) Eliza shared that she and Dave Mara worked on getting DFC budget
  proposal in front of the governor, were not successful in getting it included but have been advising on how to get it funded
  through other legislative channels. Two campaigns running; NH Voices workshops for positive advocacy skills for youth;
  coincides with No Safe Experience Campaign to educate on the facts of fentanyl to produce a fact based campaign and not
  a fear based campaign
- Haven 1st Camp Open House in January and will replicate it for Rockingham County
- SPHN focus group for teens at SRHSs; trying to connect with veterans hoping to get students involved
- Camp Lincoln successful Feb vacation; trying to get creative to fit the needs of campers (ie ½ days for kids) they are available for all vacations and offer financial assistance; summer camps are nearly full
- TRMS Kelley took a team to Leaders In Prevention fantastic weekend
- TRHS trying to work with Rick Frost about bringing the 'drunk go carts' to show the dangers; alcohol awareness; mental health awareness for May health teachers spearheading a virtual hike and proceeds will go to Connors Climb; trying to coordinate a tMHFA; NH Voices workshop
- SCPHN working with Derry Cam to create a microsite for the Safety Kit contents / trigger locks / locking medicine
  cabinets; they are also doing the alcohol restaurant training (Susan Lessard at the Liquor Commission doing an invite);
  Nalox Boxes already installed in Windham and Londonderry;
- Kudos to Jane K for advocating so hard for SoRock it has made a HUGE difference!

WRAP-UP: 10:25AM MOTION MADE BY CSCOTT TO ADJOURN THE MEETING; ALL IN FAVOR

NEXT MEETING: TUESDAY, April 11th 2023 TIME: 9:00am - 10:30am LOCATION: SANBORN HS / ZOOM