

Southern Rockingham Coalition for Healthy Youth

c/o Sanborn Regional High School 17 Danville Road Kingston, NH 03848 (603) 642-3341 Ext. 1235

DATE: October 10, 2023 TIME: 9:00am - 10:30am LOCATION: ZOOM

PARTICIPANTS: CScott: KBinette; TLena; JBeaudoin; SAreson; RMailloux; RFrost; ZParker; WLeyland; KMacDonald;

JKowalski; TFuller

CALL TO ORDER: 9:07am

REVIEW OF MINUTES:

September Minutes - tabled

Will be approved via email.

COALITION UPDATES: 915am

- Partnering withNH Teen Institute Staying Connected with Your Teen Workshop has about 6 participants (with a lot of marketing); discussion around how can we get the marketing out more Charlotte is able to provide info
- Governor's Youth Advisory Council Two applicants accepted from our catchment. One Sanborn & one Timberlane.
- Screenagers Movie Two most recent movies to be shown. Addressing Mental Health and Substance Use 1 hr movies sponsored by the South Central PHN. 1024/23 date at the PAC and 11/7/23 -CLM can send someone and TRHS students are willing to help as well. Working on getting movies into Sanborn waiting on MTSSB funding.
- **LOA Leadership** Summit- 11/6 Regional Leadership Training with Deb Hult. Sponsored by South Central PHN. Inviting 5-6 students from High Schools in the region and Sanborn due to SoRock.
- LOA Training on 10/25 "Expansion Training" at Timberlane to create new slides that are more inclusive of all kids not just athletes that can be rolled out at leadership summit
- SoRock has a new resource card let us know if you need some!
- SoRock can help with Red Ribbon Week goods, contests, speakers etc SoRock has materials from the South Central PHN for
 all the elementary schools in it's catchment. Seacoast towns will still get resources from Drugs Are Dangerous (DAD) waiting on
 more materials from DEA. 4 vaping presentations scheduled with Laurie Warnock of Northern NE Poison. Hampstead MS, Ellis
 MS, Sanborn MS & Sanborn HS.
- **Gizmo** last year educated about 600 kids with mental health materials; would like to target Pollard, Atkinson, Ellis; will also be working with AFSP on streamlining the delivery and training facilitators; Charlotte is working on a FAQ; Memorial would like it again; SoRock has 200 books available paid for by the Seacoast PHN.
- Children Deserve Recovery Too (NCOA) Charlotte went to the orientation into this to see what they can offer for programming for children of addiction. Missed second info session held on holiday.
- **Dover Y2Y** will do a training at the Austin 17 house on 11/16/23 that is available for regional students. SRHS and TRHS sending students.
- **DEA TakeBack** on 10/28/23 in local areas (in Plaistow both the PD and new Parkland ER site will be collecting)
- Plaistow Pumpkin Festival Charlotte will be there but would love company to carve pumpkins on 10/28/23 at the town hall!
- **Community Appreciation Event** is resurrected!! On 11/30/23 at the SRHS Cafeteria will be hosting. Nominations form will be sent out for prevention pioneers in our community!
- SoRock worked with Sanborn on applying for the Sanborn Seminary Grant to bring the "Getting to Y" program and were successful! This program will help students analyze their own YRBS data to implement change!
- Intervention Power Packs has been presented to Sanborn School Board (they include saliva strips that a parent can use on the

spot) These kits full of resources for communication, and assistance will be offered to families when there is a student suspected of being under the influence at school and a being sent home.

SUSTAINABILITY AND BUDGET REPORTS: 9:07AM

- Currently have a grant / scholarship application in with Exeter Hospital for 3k waiting for response
- Town funding letters have gone out; Charlotte is in follow up mode
- Governor's Budget four coalitions were put in at 50k each; how this is to be distributed is still under development
- Donations have been given from fundraisers (9/29 Saddle Up Saloon thanks to Al Goldstein) brought in about \$1,200 people were very generous; 9/30 Motorcycle run resulted in 2K donation to SoRock

PARTNER UPDATES: 955 am

- **Hampstead Middle School** brought mobile CTE RV (MAPS Program) that was a hit with students. This RV provides interactive career information.
- Camp Lincoln wrapped up summer programming and moving into school programming now; Trunk or Treat in Kingston Whitney will try to find youth to carve SoRock Pumpkin for Plaistow Pumpkin Lighting event.
- **CLM** 7 Challenges is in need of members (teen) as a small group. is running now but can always use more kiddos. Jess will provide flyers for other parenting groups available. Charlotte will reach out to Sandy Norton about providing clinical representation on the screenagers panels.
- Jane Kowalski asked for an update on the connection with the cable network and how we might highlight our community. Charlotte met with Chris (community member doing documentaries) had a great conversation, working on next steps and determining what best to highlight as they wrap up 2 other projects already in the works. Chris may attend the November meeting.
- Rick Frost doing the transportation and collection from DEA drop off; Will do RRW fly overs at 4 schools (not in our catchment area); https://drive.google.com/file/d/1WCjghYGk2gbGS6gEG-GaNefPD2abHpND/view?usp=sharing; also making a hide and seek trailer to show where kids might hide drugs; also will do something on the dark web
- TRMS LOA kids to join the high school kids to do some training; TRMS will also do SOS (Signs of Suicide) program for the first time in partnership with the high school grades 7 & 9
- TRHS LOA training; Reality Wall bricks for RRW activities
- Seacoast PHN trying to work with the schools; veterans coalitions currently top priority.
- **South Central PHN** will be working with SoRock doing a regional "Gift Card Drive" in late November through early December to be able to help families
- YMCA Trunk or Treat is coming up on 10/19/23 for all! The Y has also done some renovation to improve their large spaces. Dedicated gymnastics/cheer and pickleball added. Charlotte will be connecting with Tracy soon to catch up. Y will provide information on available youth programming and membership/financial aid. for family power packs.

WRAP-UP: 10:10AM MOTION MADE BY CSCOTT TO ADJOURN THE MEETING; ALL IN FAVOR

NEXT MEETING: TUESDAY, November 14, 2023 TIME: 9:00am - 10:30am LOCATION: SANBORN HS / ZOOM