

8/8/2023

August Program Directors Report (In place of meeting)

I hope everyone is having a great summer and enjoying the dry days when we have them! For me, July has been about organizing inventory and wrapping up loose ends from a very very busy spring (along with some relaxation here and there!). There are some updates to share as I begin to prepare for back to school already!

Funding

We were notified in July that SoRock did not get the STOP Act Grant. This is a very competitive national grant that was not awarded to any NH coalitions this cycle.

The Bureau of Drug and Alcohol Services is handling the \$40K for graduated coalitions that was built into the NH State Budget. We have been informed that they are working on the contract and funds will be dispersed in either 2 or 4 increments.

All 2023 town funding checks have been received and funding request letters for 2024 have begun being submitted according to the due date. Fremont was the first. due and submitted by 8/1.

We will be a warrant article again in Hampstead for 2024 per their town policy. I plan to approach the selectmen in Atkinson first with our 2024 request rather than the bud-com per Bob Warden.

All public health network contracts to date have been paid in full.

SoRock has been designated the beneficiary of the [Jeffrey W. Zajac Ride for Life](#) on September 30th

The Atkinson fundraiser by Al Goldstein and Charlie George is still tentatively scheduled for September 29th. Al has had some personal things come up that have delayed planning but hopefully we will have more info and marketing to share soon!

Projects

[Parenting Power Packs](#) - During the month of July we provided "Parenting Power Packs" to all of the parents of children attending Camp Sanborn. Campers ranged from grades K-9 and the packs were customized for grades K-5 and 6-9. Each camp was one week with varied enrollment over the 4 different weeks of camps offered. Power packs include parenting resources, mental health resources, locking medication box, Detera medication disposal pouch and more. Materials for this program were purchased by the Seacoast Public Health Network.

[Gizmo](#) - We hope to start the year by getting Gizmo's Pawsome Guide to Mental Health into the elementary schools we haven't reached yet. We would like to thank the Seacoast Public Health

Network who purchased 200 books at our request, to help offset the cost of doing the program at Ellis and/or Bakie School. We also plan to approach Pollard School and Atkinson Academy again.

Senior Power Packs - This summer we created power packs for seniors for an event at the Kingston Library. These power packs included: Guide to Senior health and wellness, Medication guide for older adults, caring for your mental health as you age, safe medication storage and disposal information and lock boxes and disposal pouches. This is a great way to remind our communities that we are an across the lifespan organization!

[Staying Connected with your Teen](#) - We are working with the folks at Teen Institute to set up this fall parenting program, possibly at the Plaistow Y. Our spring program was canceled due to low enrollment.

Life of an Athlete Summit - The South Central PHN has generously paid for us to bring Deb Hult of [Core Trainings](#) back so we can host another LOA Regional Leadership Summit at Timberlane this fall.

Screenagers - I am working on funding for community two movie series with the films [Screenagers: The Next Chapter](#) & [Screenagers: Under the Influence](#)

Back to School Parent Power Packs - The Seacoast and South Central PHN's have purchased [Operation Parent Handbooks](#) for us to include in Parent Power Packs for a total of 200 incoming 1st grade families (100 per region) and 100 incoming 6th grade families in South Central.

The South Central PHN has purchased 500 Red Ribbon week ['Bee' Drug-Free' KidPaks](#) for us to distribute 100 per elementary school in each of our 5 South Central towns. Atkinson, Danville, Hampstead, Plaistow and Sandown.

Lock, Talk and Save a Life Campaign with South Central Public Health Network. The PHN, in partnership with SoRock and Derry Cam are in the process of finishing up a web landing page to aid in the distribution of prevention and harm reduction material to the community. There will be a FREE order page for keyed firearm trigger locks, Narcan overdose reversal kits, Deterra pouches and locking medication containers. The page will include resources and information about SoRock and the PHN. It will also identify pick up locations in both public health network regions. "orders" will be filled with supplies purchased by us through both Seacoast and South Central PHN.

[Nalox-Box](#) Installations - We have a box installed at the Sandown Town Hall and are working on getting boxes into the Cumberland Farms in Plaistow, the Sunoco in Hampstead and the Danville Community Center. Boxes for Newton, Kingston and Fremont are now in and we are working with Newton PD to get theirs installed in the A&M Junction Variety. Locations for Kingston and Fremont have yet to be identified.

South Central Harm Reduction Coalition PSA. SoRock partnered with the South Central Public Health Network on a 30 second harm reduction PSA for the movie theater in Londonderry.

Although outside of our catchment and not a prevention specific message, this was a free opportunity to collaborate on harm reduction which contributes to the broad SUD prevention scope by helping to prevent death, injury, disease and overdose.

Other

SoRock and the Sanborn Student Assistance Program applied for the Sanborn Seminary Grant (\$5,000) to fund the [Getting To Y](#) Program at Sanborn Middle and High Schools. The State of NH is also working on funding “Hubs” to bring this program statewide although there is no timeframe for this. The South Central and Seacoast PHN have also helped fund or plan to help fund other interested school districts in their regions. Timberlane and Pinkerton need to participate in the YRBS to be eligible.

We have been approached by a state representative who would like more information on [Kratom](#) for new legislation. If anyone has personal stories/data or other information you would like to share with her please email me at sorocknhcc@gmail.com

Several of our communities have experienced traumatic loss in the past 2 weeks. Atkinson (FD Chief - medical), Plaistow (former FF - medical), Newton (resident - mc accident) and Danville (resident- homicide). Grief and mental health resources have been posted on our page and shared to all town pages with coalition contact information for additional resources.

SoRock Coalition for Healthy Youth has been selected to participate in [NACoA's Children Deserve Recovery. Too program](#), funded through the generosity of the 2022 Alkermes Inspiration Grants® program. The NACoA's Children's Program Kit and online on-demand training to develop programs to support the deserving children impacted by opioid and/or alcohol misuse in your communities. **We need THREE individuals from our organization to take part in the training program.** If you are interested please [email me](#) ASAP

The governor has signed the bill into law that allows us to distribute test strips again! [NH decriminalizes fentanyl and xylazine test strips | New Hampshire Public Radio \(nhpr.org\)](#)

Community Events - **Volunteers Needed**

SoRock did not attend Plaistow Day due to weather

We are registered for Sandown Old Home Day is August 19th, 2023 from 9am - 6pm at Sandown Central Elementary School - 295 Main Street, Sandown, New Hampshire.

We will be registering for Danville Old Home Day Sunday, August 27, 2023, town rec field

Kingston Days 2023 will be held on September 8,9 and 10 (first year changed from August) This event at the Plains. We are not yet registered as I am out of town that weekend.

VOLUNTEERS NEEDED to set up and run a booth if we are to participate.

2023 Newton Olde Home Day Saturday, September 16, 2023 - 10:00am to 4:00pm at Memorial School. We are not yet registered as I have a previous engagement that day.
VOLUNTEERS NEEDED to set up and run a booth if we are to participate.

Please let us know if there is an event or program you would like us to collaborate with you on!

Enjoy the rest of your summer and I will look forward to seeing you at our September meeting!

Best Regards
Charlotte Scott
SoRock Program Director