



Southern Rockingham Coalition for Healthy Youth

c/o Sanborn Regional High School
 17 Danville Road
 Kingston, NH 03848
(603) 642-3341 Ext. 1235

DATE: May 10, 2022 **TIME: 9:00am - 10:30am** **LOCATION: ZOOM**

PARTICIPANTS: CScott; KBinette; TLena; RFrost & BJohnson; CClark; SSimpson; SCentner; JKowalski; WLeiland; SAreson ZParker

CALL TO ORDER: 9:00am

REVIEW OF MINUTES:	April Minutes	TBD Via email
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COALITION UPDATES: 925am

- Nadine Lamontagne from **Unite Us** (has worked closely with Raymond Coalition for Youth) – has been building the care coordination network for almost 2 years now. Unite Us is an infrastructure between health care, social care and government programs that helps folks connect with referrals within their network – this sounds amazing! 206 organizations with 410 programs for the referral base right now. Some partners send information only (instead of send / receive). Can be part of the directory listing, be a partner, send electronic referrals or be a fully coordinated care partner. Its free to join. RCFY has a breakfast set up for June 16 to learn more about the system.
- **988/iCare Public Health Campaign- Talks Saves Lives** – was cancelled due to lack of participants (preregistered) – only 2 signed up; will return to speaking where people are at. Next opportunity is 5/19/22 at the PACE breakfast at Sanborn Regional HS- Sanborn Art, I Care Project- huge success with painted yard signs, good press coverage and DHHS present.
- Regulated Classroom training – has been set up for June 20,21 2022; 12 hours of free CEU’s for Teacher “Self Care” to regulated through the trauma of COVID, and in turn allow students to be “co-regulated” in the classroom matching the teacher.
- First Responder Trainings- June 1 @ Sanborn with Deb Pendergast from the Fire Academy “Responder 911, Running Toward Danger, importance of Self-Care”. June 27th @ Plaistow Fish and Game
- Family Night at Camp Lincoln- Friday June 3, Connecting Nature with Mental Health (iCare Rack cards available)

Funding Updates;

- We’ve received about 2/3rds of the monies from the towns
- Invitation to apply for GOFERR funds due May 18, 2022 to help mitigate substance misuse and mental health

PROJECTS AND CAMPAIGNS: 1000am

- **Community Assessment Data** - Rick Frost – Looking at the data from the survey our towns filled out; survey respondents were adults...how to capture the student voice – can we reach out to existing groups or use focus groups to capture this?
- **Town Advisory Council** - brainstorming better vehicles for communicating with individual town needs
- **Old Home Day**- June 18, looking for volunteers for set-up , staffing the booth and break down.
- **Seacoast Adult Mental Health First Aid Instructor Training**- contact Seacoast Public Health if interested. UNH Cooperative Extension also runs MHFA trainings regularly.
- **Suicide Prevention Trainings for Youth**- Pushed off to work with CIT Training at Camp Lincoln

PARTNER UPDATES: 945am

- **ASFP** - May 21, 2022 at 10am in Derryfield Park in Manchester NH called **Paws for Prevention** to Raise Awareness for Mental Health – dog groomer coming
- **TRSD** – Tim and Kelley did suicide prevention training for approx. 500 district folks – highlighted 988; more Life of an Owl connections to be made between high school and middle school students
- **Fatal Reality**- Life of an Owl and Peer Outreach Students worked with first responders to film this years mock impaired driving accident for a senior class presentation the day before prom , May 19th in the PAC.
- **Sanborn tMHFA**- Zach is working to get a class together to be trained in teen Mental Health First Aid with Tim and Kelley May 23, and 26th.

WRAP-UP: 10:30AM

MOTION MADE BY CSCOTT TO ADJOURN THE MEETING; ALL IN FAVOR

NEXT MEETING: TUESDAY, June 14, 2022

TIME: 9:00am - 10:30am

LOCATION: SANBORN HS / ZOOM