

# **Southern Rockingham Coalition for Healthy Youth**

c/o Sanborn Regional High School 17 Danville Road Kingston, NH 03848 (603) 642-3341 Ext. 1235

DATE: September 13, 2022 TIME: 9:00am - 10:30am LOCATION: ZOOM

PARTICIPANTS: CScott: KBinette (TRMS); SAreson(SMP); RFrost (Nat.Guard); LOta (CLM); DBaird (ASFP); KMacNair (HAVEN); MayaC (Haven); SSimpson (AFSP); Maya (Outreach at HAVEN); JBeaudoin (CLM); TFuller (YMCA); TLena (TRHS); ZParker (SRHS); KMacDonald (SCPH); RMailloux (HSD); JKowalski (parent)

CALL TO ORDER: 9:06am

**REVIEW OF MINUTES:** 

Tabled & will be sent via email for vote

#### **COALITION UPDATES: 915am**

- **Danville Old Home Days** was a great event to hand out Safety Kits and Parent Power Packs (\$53 in donations); thanks from folks attending the event; the mental health signs were displayed and received fantastic feedback
- Red Ribbon Week planning is happening banners; Laurie Warnock at Sanborn; TRSD elementary schools get coloring kits
- Plaistow Pumpkin Lighting Event Invite table; 2 6pm; candy / info 10/29/22 help needed!!
- New Members Karen M and Maya C from Haven, Laurie Ota from CLM & Justine Merced from Danville PD (not in attendance today)

## SUSTAINABILITY AND BUDGET REPORTS: 9:10AM

- Still have not heard from the STOPP Act grant folks... likely in October
- Check from Exeter Hospital is coming. This will be used for kits
- Review of SoRock receiving funding from all 8 towns for the first time
- \$53 in donation from Danville Old Home Days

#### **CURRENT PROJECTS AND CAMPAIGNS:**

- Gizmo Curriculum planned for early November at Memorial School in Newton (covering grades 3 & 4 from Newton and Kingston, approximately 200 students)
- Community Power Packs concentrated way to get information to our community members at various avenues (sponsored by Exeter Hospital) examples, parenting, prevention, mental health, overdose prevention, relative caregiver. (volunteers will be needed for assembly)
- Volunteer needed to compile PTO/Booster Data collect parent club contact and meeting time info from all schools in our catchment.

### **PARTNER UPDATES: 945am**

- CLM Acute Care Services is AVAILABLE mobile response and telehealth available; working closely with police departments; staffing is tighter for kids staffing; Should we do another meet and greet? Tim/Kelley to put it on TRSD Behavioral Health Agenda to try to schedule
- SRSD finally fully staffed: New Hampshire Healthy Families is running a program called Champions with an aim to get families and kids more tools to reduce the stigma around mental health needs / starter kit Shamera Simpson works with

- them and works with Megan Melanson and offers that they can give us money
- YMCA doing back to school events like "Trunk or Treat" Oct 22, 2022 at the Y in the parking lot (SoRock trunk Volunteer??); meeting with the superintendent of Timberlane to see how to engage more kids
- HAVEN Increasing services for youth and teens by partnering with Camp Hope America and ongoing mentoring for youth that have experienced trauma, sexual assault, exposure to domestic violence (for ages 7 11); Goal is to host their first Camp Hope for NH in Alton yay!!
- ASFP in the middle of their event season with walks; Sat is Portsmouth Out of the Dark Walk will have raised 1M so far! They will be doing PSA's this year so show up if you can: 9/24/22 National Walk for Suicide in Greely Park in Nashua; Golf Tournament 10/4/22; at Game Changers bar 10/15/22 cornhole tournament they had 55 teams show up and made \$3500 for minimal work... 10/23/22 walk in Plymouth; Talk Saves Lives virtual event intro to suicide and how to have an honest conversation 45min 9/20/22 at 6pm; has 5 in person events 11/19/22 for individuals who have lost someone to come together for a day of hope and healing Dover and Nashua are sites
- Seacoast Public Health looking to put together a focus group at Austin 17; 10/26 Falls Prevention at Exeter Housing Authority
- South Central Public Health Partnering with SoRock on OD Prevention kits and RRW materials
- Rick Frost acknowledges hundreds of soldiers will be moving around soon, so be aware; from the counter Drug Perspective will be moving forward with RGIS mapping service / communicating needs and resources to communities; certifying DARE officers; Public Affairs Handbook for coalitions is available so coalitions can be seen as subject matter experts (Rick just did the training media rep); Purple Star some states have turned it into legislation; Rick may be able to offer a Black Hawk static for RRW. If your school is interested in having the display reach out to Rick.frost38@gmail.com
- Hampstead Middle School Plans to partner up with DEA and have them speak with the kids during RRW. Lots of positive stuff happening, lots of new staff. Bob going will be out for a bit but planning meeting with SoRock and new team to establish new relationships.

WRAP-UP: 10:21AM MOTION MADE BY CSCOTT TO ADJOURN THE MEETING; ALL IN FAVOR

NEXT MEETING: TUESDAY, October 11, 2022 TIME: 9:00am - 10:30am LOCATION: SANBORN HS / ZOOM