## SoROCK Agenda/Minutes: Date: May 11, 2021 Time: 9:00am-10:30am Location: ZOOM

Participants: CScott; TLena; KBinette; KMcDonald; AHanagan; JBeaudoin; KGordon; JBarbick; DGriffin; JKowalski; CRoyal; RFrost

| Item                           | Facilitator | Desired Outcome   | Action Item/Assignment |
|--------------------------------|-------------|---|------------------------|
| Call to Order                  | Team        | Begin Meeting / Introductions   |                        |
| Review of Minutes              | Team        | April Minutes Reviewed  | JK motion; TL second   |
| SoRock Updates                 |             | Stronger Together Retreat – the day went well, but about 10 families did not show up (2 families notified us they couldn't make it). For the families that did show, they had a great time. The high ropes was a huge success with encouragement all around. 33 people in attendance. The banners showing the Developmental Assets were well done and provided opportunity for conversation.  **There is a credit for the pizza  Youth Empowerment Workshops have been rescheduled due to low enrollment; Tim spoke with LOA students who have been difficult to engage for times/dates; Sanborn is looking at an in-person training team to discuss other options for leadership training using NH Teen Institute. Reach out to Charlotte if you want to be a part of this training  DEA Take Back Day – happened May 24, 2021 – 364 pounds collected. Not as high as previous years, but a success nonetheless. Home safety kits handed out by PD's at this event.  Resilience Week – 31 signed up, 11 showed for the movie. Folks from both Sanborn and Timberlane attended. Feedback was good. Schools may be interested in viewing for larger groups.  The First Day – shown in Raymond schools to almost 200 people – partnered with Raymond Coalition  Family Resiliency Retreat – Charlotte and Amy from the YMCA working on this |                        |
| Community Updates:             | Team        | Prom – many parents are coordinating prom this year – SoRock can collaborate with these groups to share information (similar to our Prom Conversation with PD's years ago); Charlotte is working on graphics to be sent out.  SRHS – 7 / 8 / 9 graders have been trained in suicide prevention. She created a Resources Page that has been posted and sent out.  YMCA – since kids have returned to school they are now back to before and after school programming; part of Plaistow Old Home Days will be held at the Y  Hampstead Schools – students are back full time and things are going well!  TRHS – Prom is happening on TRHS property on 5/22. Will show "Fatal Reality" on 5/21  DOE – is offering TOT for Youth Mental Health First Aid – Tim can forward the info Governor's Commission – gearing up for next strategic plan – working on focus groups to get the perspective on how programming is working  Public Health Network – will follow up  Seacoast Public Health Network – Growing Connections for Earth Day – working on winners!   |                        |
| Sustainability & Budget Report | Team        | No budget update from SERESC  Tim has reached out about the Mental Health First Aid grant, but no word yet  Town Administrator for Town of Freemont was disappointed in the town's response, so she sent a  \$100 donation; Charlie George donated as well  Charlotte will work with SERESC to coordinate being a part of NH Gives, as well as how SoRock can electronically receive donations  |                        |