



# Southern Rockingham Coalition for Healthy Youth

c/o Sanborn Regional High School  
 17 Danville Road  
 Kingston, NH 03848  
**(603) 642-3341 Ext. 1235**

**DATE: February 8, 2022**

**TIME: 9:00am - 10:30am**

**LOCATION: ZOOM**

**PARTICIPANTS: CScott; KBinette; TLena; RFrost & BJohnson; SHorrigan; JZanfagna; RShaw; JKowalski; MReyes; KGorgon; SSimpson (AFSP); KMcDonald; ZParker**

**CALL TO ORDER: 9:00am**

**REVIEW OF MINUTES:**

January 2021 Minutes reviewed (November notes to be sent out by email for approval)

Motion CS/KB Second RS / All in favor

**COALITION UPDATES: 925am**

- **Gizmo** - (targeted 7-10 year olds) Plaistow had 11 kids most recently; Charlotte will re-approach elementary schools (Atkinson had no sign ups); Should we bring the Regulated Classroom to schools as a compliment to Gizmo (it is marketed as a Train the Trainor right now)??
- **Charlie George** gave Police and Fire 5k to work on programming... Charlotte to partner with them
- **Sanborn Trade Fair** – went very well – over 900 kids attended (Fremont kids were bused in); some vendors did not show, but about 35 vendors were there; kids and vendors interacted very well; Seacoast Public Health helped support this – great partner!!
- **988 I-Care Rollout** – SoRock will assist in this effort to work with both public health networks
- **Recovery Friendly Workplace** - is in process; making the towns Recovery Friendly has been postponed due to COVID
- **Trade Fair** - Feb 2, 2021 - to highlight potential career paths out there other than college is still happening! Other area schools have been invited; 30-50 confirmed vendors to attend; incentives for kids who attend; the fair is open from 12-2 for public

**SUSTAINABILITY AND BUDGET REPORTS: 9:10AM**

- **CARA Grant** has been postponed – it is not an option for SoRock at this time; we should continue to move forward with the information that would have been needed as more grants will likely arise
- **Town Deliberative Sessions** – members attended in several towns and it worked! Jane went to Atkinson and spoke to be able to get the money back in the budget (Atkinson Police Chief also spoke on our behalf); Jim went to Plaistow and was endorsed by both BC and BOS there; Charlotte attended Kingston (we've had the support in the past but this year we had full support); Tim went to Fremont (we lost by 23 votes last year) but residents spoke very highly about SoRock this year)... should we do a Budget Committee or Selectman Committee breakfast / meet and greet?? Danville / Sandown / Kingston we are in the budget

**PROJECTS AND CAMPAIGNS: 1000am**

- **Community Assessment Data** - Rick Frost – Looking at the data from the survey our towns filled out; survey respondents were adults, so perhaps we take a look at how to capture the student voice – can we reach out to existing groups or use focus groups to capture this?
- 64 respondents (adults) – Rick reviewed the data and will send a copy out to folks

**PARTNER UPDATES: 945am**

- **TRSD** – Tim and Kelley did suicide prevention training for approx. 500 district folks – highlighted 988; more Life of an Owl connections to be made between high school and middle school students
- **Seacoast Public Health Network** - Maria Reyes - **988 update** – looking for a SUD Prevention Coordinator. They are short staffed and eager to have help to cover their area! Email Maria with any leads
- **South Central Public Health Network** – Sue Centner will be the contact while Kate is on maternity leave (congrats!!)
- **SRHS** – Anxiety workshops are going well; trying to get himself and the SRO trained for programming to support students; SRHS has a new Systems of Care Coordinator – welcome Samantha Horrigan!
- **Beacon** – no new updates; still running Project Echo for partners; training series available on their website
- **Angels of Addiction** – attend a support group at Currier – more families are losing their members; exhibit will be at the Plaistow Public Library
- **SRHS** - starting a series on anxieties for Tier II kids (in class) and build up resilience; may consider duplicating this at the high school too; Youth In Action after school group has almost doubled in size - great!
- **National Guard** has a new charter to work with community agencies (YMCA is listed in this charter) and this may be some new opportunities for partnerships

WRAP-UP: 10:30AM

MOTION MADE BY CSCOTT TO ADJOURN THE MEETING; ALL IN FAVOR

NEXT MEETING: TUESDAY, April 12, 2022

TIME: 9:00am - 10:30am

LOCATION: SANBORN HS / ZOOM