

# Family Support Groups



Contact Lynn Fuller to start a group  
in your area

[hopeforfamilies123@gmail.com](mailto:hopeforfamilies123@gmail.com)

**603-817-6174**

## Berlin

### Caregiver Support Group

Held 2nd & 4th Thurs. monthly 5-6PM

117 Main Street

Berlin NH

Contact: Nathan 603-752-2511

[nathan.morin@frc123.org](mailto:nathan.morin@frc123.org)

## Brentwood

### One Goal Family Support Group

Held 2nd Wed. Monthly 6:30-8PM

263 NH-125 Austin House

Brentwood NH

Contact: Pamela Baker 603-785-3670

Child Care available on request

[hereourcry@gmail.com](mailto:hereourcry@gmail.com)

## Center Conway

### F.A.S.T.E.R. Family Support Group

Held every Thursday, 6:30—7:45 PM

1620 East Main Street

Center Conway, NH

Contact: Rose 508-542-5485

or Janice 603-986-4475

## Center Ossipee

### Shed of HOPE

Held every Monday 6:00—7:30 PM

Whitehorse Addiction Center

70 Rt.16B

Center Ossipee NH

Contact: Ingre or Drew 603-651-1441

## Derry

### F.A.S.T.E.R. Family Support Group

Held every Wednesday, 6:30 –8:00 PM

Marion Gerrish Building, Room 2A

39 West Broadway Street

Derry, NH

Contact: Denyce 603-247-7322

## Dover

### Families Hoping and Coping

Held every Thursday, 7:00—8 :30 PM

SOS Recovery Community Center

4 Broadway

Dover NH

Contact: John 603-969-1305

Derral/Chuck 603-340-4025

Cindy 603-781-7232

[Familieshoping@gmail.com](mailto:Familieshoping@gmail.com)

## Exeter

### Seacoast Family Support Group

Held 2nd & 4th Tues. monthly 6:30-8 PM

First Baptist Church, 2 Spring Street

Exeter, NH

Contact: Linda 978-578-5670

Or Ann 603-731-4227

## Farmington

### Circle of Hope

Held 1st and 3rd Wed. monthly 7-8:30PM

Central Cuts Salon, 83 Central Street

Farmington, NH

Contact: Lynn 603- 817-6174

or Karen 603-755-1345

[circleofhope603@yahoo.com](mailto:circleofhope603@yahoo.com)

## Keene

### Hope and Help for Families

Held every Wednesday 6:30-8:00 PM

Keene Serenity Center

34 Mechanic Street

Keene, NH

Contact: Becky 603-860-0221

## Lancaster

### Caregiver Support Group

Held every other Wed. 4:30-5:30PM

113 Main Street

Lancaster NH

Contact: Nathan 603-752-2511

[nathan.morin@frc123.org](mailto:nathan.morin@frc123.org)

## Manchester

### F.A.S.T.E.R. Family Support Group

Held every Tuesday, 6:00—7:30 PM

Waypoint

464 Chestnut Street

Manchester, NH

Contact: Susan or Patrick 603-668-4859

## Manchester

### F.A.S.T.E.R Family Support Group

Held every Wednesday, 6:00-7:30 PM

Hope for NH Recovery Center

293 Wilson Street

Manchester, NH

Contact: Mary 603-533-8369 or

Patty 603-858-3339

*Providing support to adult family  
members with a loved one affected  
by Substance Use Disorder*

## Manchester

### Families Sharing Without Shame

Held every Sunday, 11:00—1230 PM

Farnum Center

140 Queen City Avenue

Manchester, NH

Contact: Donna 603-568-0533

[Donna@Donna4support.com](mailto:Donna@Donna4support.com)

## Nashua

### F.A.S.T.E.R. Family Support Group

Held 1st & 3rd Tues. monthly, 6-7:30 PM

St. Joseph Hospital, 172 Kinsley Street

Nashua, NH

Contact: Sue 603-351-8356

or Rose 603-882-6995

## Portsmouth

### Families Hoping and Coping

Held 1st & 3rd Wednesday, 7:00—8:30 PM

Safe Harbor Recovery Center,

865 Islington Street

Portsmouth, NH

Contact: Elaine 603-315-9177

Or Tim 603-703-3948

## Rochester

### Circle Of HOPE

Held 2nd & 4th Tues monthly 7-8:30PM

Frisbie Memorial Hospital

11 Whitehall Road

Rochester, NH

Contact Renee or Ralph 603-617-9963

## Seabrook

### F.A.S.T.E.R. Family Support Group

Held 3rd Thursday monthly 6-7 PM

Church of Christ

867 Lafayette Road

Seabrook, NH

Contact: Chucky 978-423-1222

## Walpole

### Hope and Help for Families

Walpole, NH

Contact: Becky 603-860-0221



a member of THE FEDCAP GROUP