



# Southern Rockingham Coalition for Healthy Youth

c/o Sanborn Regional High School  
 17 Danville Road  
 Kingston, NH 03848  
**(603) 642-3341 Ext. 1235**

**DATE:** December 14, 2021

**TIME:** 9:00am - 10:30am

**LOCATION:** ZOOM

**PARTICIPANTS:** KBinette; TLena; CScott; BFagan; JZanfagna; ZParker; KMacDonald; R. Shaw; RFrost, Sgt Johnson;

**CALL TO ORDER:** 9:00am

**REVIEW OF MINUTES:**

November 2021 Minutes reviewed but not voted

**COALITION UPDATES:** 915am

- **SPHN announcement-** Substance Misuse Prevention Coordinator resigned, Maria was hoping to attend our meeting in her stead, but must have had a conflict.
- **Budget/Funding Updates**
- we have a little over 20k full budget from NH Charitable to hold us till town meetings in March.
- Atkinson a lot of turn over with selectman, so to be safe we need to collect 25 signatures again for warrant article
- Kingston- Collected all the signatures needed at craft fair, great community conversation, also built ally with Kevin James selectman, which is a very important relationship.
- Danville -in the budget
- Hampstead-in the budget at full amount;
- Sanborn in budget this year / (also supportive of the SAP position)
- Plaistow - we are a Selectman’s Warrant Article - 1st time ever!! We also have Budget Comm. Endorsement!!
- Sandown - may reduce us to \$1500 /
- Fremont – Selectman’s Warrant Article will need someone at the Polls this year
- Newton - in Human Services Warrant
- Looking to apply for CARA ACT, and STOP ACT grants with help of National Guard.
- **In The Air** graphic novels are on hand - Sanborn wellness classes used in November, very good reports. It will reach about 115 students; Open to give to Hampstead and Ellis and Timberlane 8<sup>th</sup> grade wellness classes if interested.
- **Purple Star-**Hampstead Superintendent and principal reach out to Sgt Frost interested in Purple Star, Rick will set up a meeting an include SoRock as part of the discussions
- **Gizmo- (AFSP)-** a mental health community curriculum for kids age 7-10 we have 4 additional dates Plaistow, Atkinson and Kingston Public Libraries
- **Youth in Action** – Sanborn MS has a dynamic group of 5 girls very interested in promoting mental health awareness, TRMS has a new Gay Straight Alliance (GSA) group that has done a great job changing culture in building and educating staff., At TRHS we are looking to host a teen Mental Health First Aid Training after the holidays for Peer Outreach and Life of an Owl students.
- **Sanborn Trade Fair** –“Gearing up for Our Future” Feb 2, 2021 - to highlight potential non college bound career paths. Sanborn is broadening the vocational careers Over 40 vendors, representing variety of trades, Police, EMS, Portsmouth Navy Ship Yard, Electrical, Construction, Union jobs, etc. SoRock will be co-sponsoring the event the SPHN, and possibly SCPHN and PACE, offering incentives for students to attend all the vendors (raffle gift cards and career baskets give aways). Over 900 students planning to attend, and the afternoon will be open to Epping, Raymond, and Timberlane Schools.
- **Recovery Friendly Workplace-** SoRock is now officially recognized as a Recovery Friendly Workplace, next step is to invite our 8 local town government/Human Services to join a “lunch and learn” with the hopes of getting all 8 towns RFW status. Bob Fagan offered to help present to Newton, since Live Free Recovery has gone through the process already.
- **DEA Virtual Summit- Drug Free is up to Me** [https://www.youtube.com/watch?v=ZztGSM6h\\_BO](https://www.youtube.com/watch?v=ZztGSM6h_BO) Sanborn had the whole school attend, Timberlane had a Life of an Owl leader who serves on the Governor’s Youth Advisory attend in person

at the studio., The TRHS Health Classes may use parts of the recording for their classes.

- **Bruins Fundraiser-** very disappointing outcome, made less than \$100 in sales. Hopefully next year will get the Team Jersey again signed by everyone. The Bruin's sponsorship is still a good affiliation regardless.
- **Life of a complete Athlete** – SRHS has a large group of girls interested in healthy lifestyle choices and workouts for athletes. SoRock use Youth in Action funds to help sponsor Yoga lessons, and put together prevention bags with LoA materials and other goodies for wellness.

#### New Business:

- New Advance Roadside Impairment Training- SoRock is looking to coordinate a regional training for our PD's on Roadside Impairment which will include indicators for marijuana impairment.
- Police Trading Cards- Looking to possibly create baseball style card featuring our local police officers that elementary students can collect, and we would offer incentives for students who collect the whole "series" of cards.
- First Responder Breakfast- On hold with COVID, but on radar is to recreate the breakfast we did a few years ago with focus on Appreciation, Self-care, and hope in the midst of people experiencing multiple overdoses.

#### PARTNER UPDATES:

- **Bob Fagan** - announced his team has been selected to present with UNH at a conference in Dublin Ireland next year. His program continues to grow with record numbers of students seen in the year, and record numbers of self and peer referrals.
- **SCPH-** Kate said they are working on getting Gizmo into other towns that SoRock isn't covering, they are working with Salem after a restaurant was charged with serving minors resulting in very bad accident with 3 local teens, They are also continuing to support PASTA in the Londonderry YMCA location.
- **NHNG-** Rick had already updated on Purple Star request at Hampstead, offering help to prepare our CARA and STOP grants, Currently also working with Londonderry YMCA around prevention and recovery friendly initiatives for Military Families. Is open to replicating in other YMCA's as well.
- **Angels of Addictions** -Palm Springs conference was postponed due to covid.
- **TRHS** – Teen Mental Health First Aid will be offered after the first of the Year, Rick and Tim and Julie Yerkes will represent Prevention Task Force and we are presenting today for Project Echo on getting more child safety provision ideas from other NE States that have legalized. TRHS Health Classes will run The First Day and tag SoRock
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WRAP-UP: 10:30AM

MOTION MADE BY CSCOTT TO ADJOURN THE MEETING; ALL IN FAVOR

NEXT MEETING: TUESDAY, December 14, 2021  
ZOOM

TIME: 9:00am - 10:30am

LOCATION: SANBORN HS /