



# Southern Rockingham Coalition for Healthy Youth

c/o Sanborn Regional High School

17 Danville Road

Kingston, NH 03848

(603) 642-3341 Ext. 1235

**DATE: November 8, 2022**

**TIME: 9:00am - 10:30am**

**LOCATION: ZOOM**

**PARTICIPANTS: CScott; TLena(TRHS); SAreson (SMP SPHN); ZParker(SRHS); SSimpson(AFSP); DBaird; MayaC(Haven);BJohnson;Lota(CLIM); KMcDonald(SCPHN); JBeaudoin(CLM); TFuller (YMCA); WLeyland (Camp Lincoln); Jzanfagna (Angels); KBinette (TRMS)**

**CALL TO ORDER: 9:05am**

**REVIEW OF MINUTES:**

September and October Meeting Minutes were accepted as written and put into public record.

**COALITION UPDATES Sustainability/Funding : 9 : 1 0 a m**

- SoRock did not get STOP Grant, Tim reviewed the new scoring process feedback we have received
- Bruins Fundraiser- drawing Dec. 9<sup>th</sup>, team signed Jersey. Please promote ticket sale widely. If having an event ask to have Jersey display to sell more tickets.
- Lion's club is hosting a Meat Raffle at the Saddle Up Saloon with proceeds to benefit SoRock on November 18<sup>th</sup>. Could use volunteers to sell the "bingo" type cards for the raffle. Also get the word out if you want some great meat for very reasonable price and support a good cause.
- Exeter Hospital Power Pack Sponsorships- Power Pack and OD Prevention Packs distributed widely this month with DEA Takeback event and Pumpkin Light event in Plaistow.

**OTHER PROJECTS AND CAMPAIGNS:**

- Starting Community Conversation, November 15<sup>th</sup> with Justice Broderick has been postponed to have more time to promote and recruit panelist. Looking to reschedule after the first of the year.
- Youth Summit planned for November 18<sup>th</sup> at Austin 17 House, with NH Teen Institute conducting the Peer Outreach Training for Peer to Peer Helping. Students from Sanborn and Timberlane High Schools and 8<sup>th</sup> graders from several of our Middle schools will be in attendance.
- Ellen Morehouse of the Project SUCCESS Student Assistance model has asked SoRock to be a part of a panel discussion at this years CADCA Conference about the effects of substance use disorders in families and children. We will be presenting on our award winning 2017 "Know Before You Poor" campaign poster. CADCA has awarded us with a scholarship for hotel and conference fee, we will be needing to look for funds for airfare, food and travel expenses.
- Red Ribbon Week: South Central supplied 100 RRW kid packs for each elementary school in SoRock catchment delivered to our elementary schools. Sanborn Door Decorating contests, active participation in dress up themes at HS, signed RRW pledge at MS, Laurie Wornock assemblies. TRHS had successful "Reality Wall" campaign and "Dice Game" discussion on inevitability of experiencing negative consequences the longer you play the game of substance misuse.
- OD Kits distributed for all 8 police departments
- DEA Take Back Day was on October 29<sup>th</sup>, over 625lbs of Rx was collected. Newton now has also installed a permanent drop box bringing our total to 6/8 towns with drop boxes.
- DEA will also be doing a assemblies at Sanborn on 11/21 on fake Rx pill dangers for grades 9-12
- Gizmo is planned for November at Sanborn Memorial in Newton. Approximately 200 3<sup>rd</sup> and 4<sup>th</sup> grade students will experience the Gizmo program. This will hopefully be a model for bringing it in to our other elementary schools. Looking to create Extended Learning Opportunities (ELO) for Sanborn HS students interested in learning more about the mental health field.

**PARTNER UPDATES: 945am**

- **SRHS** – getting ready for NH Teen Institute Training on November 18<sup>th</sup>, have recruited 12 peers for focus group on current issues, presenting bullying prevention material in health classes grades 6-10, preparing for Great American Smokeout on November 18<sup>th</sup> in café.
- **CAMP LINCOLN**- the camp staff had been given suicide prevention training over the summer, and Whitney will be giving a list of which schools will now be benefiting from those trained students.
- **AFSP** – November 19<sup>th</sup>- Survivors of loss to suicide events going on around the state in person. Offering resources, lunch, and fellowship. Charlotte will send out the flyers or check the website for more information.
- **SPHN**- Exeter Housing Authority working on doing a focus group session possibly at Austin 17. They have more Narcan available and willing to do more trainings for administering. SoRock distributed 5 OD Prevention kits to each of our 8 police departments. Also was asked for one at Pumpkin Lighting event by a family member.
- **CLM** – Jess reports many of the clinicians just finished the 7 challenges training. Hoping to set up a peer group in the near future.
- **TRHS** – Peer Leadership training , Advanced LOA training and new recruits training during RRW and in Early November. Peer Outreach doing reality wall during RRW at lunch.
- **National Guard** -- Working on DEA Talk Back
- **Haven** –Camp Hope is still looking for mentors and clients, for those young people impacted by Domestic Violence.
- **Seacoast Public Health Network** – MOU with SoRock to distribute more OD prevention kits, and Staff Trainings. Also looking to install Naloxone Boxes/Emergency Kits in public spaces similar to AED's.

WRAP-UP: 10:15AM

MOTION MADE BY CSCOTT TO ADJOURN THE MEETING; ALL IN FAVOR

NEXT MEETING: TUESDAY, December 13<sup>th</sup> 2022

TIME: 9:00am - 10:30am

LOCATION: SANBORN HS / ZOOM