



# Southern Rockingham Coalition for Healthy Youth

c/o Sanborn Regional High School  
 17 Danville Road  
 Kingston, NH 03848  
**(603) 642-3341 Ext. 1235**

**DATE: December 13, 2022**

**TIME: 9:00am - 10:30am**

**LOCATION: ZOOM**

**PARTICIPANTS: CScott; TLena(TRHS); SAreson (SMP SPHN); SSimpson(AFSP); MayaC(Haven);LOta(CLIM); JBeaudoin(CLM); WLeyleland (Camp Lincoln); KBinette (TRMS); RMailous (HMS); JKowalski**

**CALL TO ORDER: 9:05am**

**REVIEW OF MINUTES:** November Meeting Minutes were accepted as written and put into public record. It was noted all meeting minutes are now posted on our new website.

## COALITION UPDATES Sustainability/Funding: 9:10am

- Town Updates for 2023- every town we are in budget except Atkinson. We have to go back to warrant article, some misinformation appears to be the reason. Concerns are 100% admin and paperwork late (was not late), new warrant article paperwork signatures are needed. Jane has 14 signatures, Al Golstein working on it as well, Tim has 7 signatures, Kelley will reach out to MS staff, would like more than required 25 signatures of Atkinson Voters, please reach out to anyone you know who resides in Atkinson.
- Bruins Fundraiser- Update- winner on Friday, Sue Centner from CATS, nearly 500 tickets \$495 raised
- Lion's club is hosting a Meat Raffle -Update: very well attended, 95 people, a lot of community exposure. They have implied a "Giant check" will be given at Christmas party at Atkinson Country Club tomorrow night
- Donation from St. Christophers- after bible study group presentation, Distributed OD Prevention Kits to members, they sent \$300 donation
- SERESC P&L update; thanks to subcontract with Seacoast and South Central Public health, we know have a small cash reserve to get us through the end of the year, as of the end of October we have a balance of \$29,756.06

## OTHER PROJECTS AND CAMPAIGNS:

- **Upcoming Events/Sponsorships**
- Sanborn Career Fair 2/10- Young adult strategies (root causes) future paths for career, inviting Hampstead Schools, Pinkerton and Timberlane are also invited to come by in the afternoon. Grade 7-12, incentivized by raffle tickets at each booth. Seacoast PHN MOU for this contract to support the program, Feed vendors, promo stuff or kids etc.
- Lion's Club Christmas Party- tomorrow night will present us with a check for Meat Raffle fundraiser, this will contribute toward the trip for CADCA in DC for Charlotte's expenses. Hotel and Conference fee covered by CADCA scholarship, help needed with expenses for food/travel.
- We have 5 Nalox Boxes donated by PHN that can go out to our town location similar to defibrillators, possibly at YMCA here in Plaistow. Looking for town locations. Possibly in the schools or perhaps explore getting into convenience stores? Tim suggested checking with AMR hot zone mapping for OD's in our region for most logical places. Charlotte has reached out to the Police Chiefs from each town.
- **Past Event Updates**
- Youth in Action Summit November 18<sup>th</sup>- TRMS, TRHS, SRMS, SRHS, Ellis MS, Hampstead MS 60 kids, AFSP provided lunch. Timberlane SAU person came by to see it in action. Great feedback from Hampstead and Ellis online posts.
- Great American Smoke-out- Pigs Lungs demonstration and adopt a smoker to quit campaign (quit packs handed out) well receive at Timberlane and Sanborn, good youth engagement
- Sanborn Hockey Craft Fair- booster event to raise money, completely parent run 100 vendors, 3000 people attended. \$75 table fee waived for SoRock. We had provided good raffle items that interested participants: Lynn Lions books, youth workbook playing with anxiety, lockbox etc., won by a hockey dad. Great feedback from some grandparents/parents who had children with SUD who had received resources last year, also got some good donations from many people. everyone seems to value what we do. Gave out

a lot of OD kits. Everyone wanted the Narcan. We need to think about investing in more of the lock boxes going forward.

- Gizmo Memorial School- grades 3-4 very well received, paired AFSP volunteers with SRHS students, covered 5 classes simultaneous, almost 200 students, ELO opportunity for HS Kids. School already does some mindfulness activities very impressive SEL work around Mental Health awareness. Gizmo book was designed for children 5–11-year-old, but this grade 3-4 excellent target population, UNH Cooperative Extension provide 198 Gizmo books to handout for each student. (Hoping t use as elementary model)
- DEA Presentation Sanborn 11/21 (Postponed new date TBD)- Fake Pills assembly will be rescheduled.
- **Power Pack Distribution Update**
- 30 OD Prevention Power Packs this month alone- MOU with south central to distribute 400 kits, think of other methods to distribute, 9-8-8 emergency services, churches, etc.
- 50 Parent Power Packs
- **Tobacco 21 Certificates for Local Business-** Youth Partnership Opportunity- SYNAR Checks who Passed, created window cling. Looking for Youth in Action to deliver the certificates and window clings to compliant businesses to thank them for protecting our young people.
- 6 South Central businesses
- 2 Seacoast businesses
- Talked about possibly bringing Life of an Astro to Hampstead MS 8<sup>th</sup> grade group to continue social norms with athletes similar to transition work we are doing here at Timberlane with 8<sup>th</sup> grade..
- **Parent Engagement**
- Fremont PTA Reached out and scheduled January date

#### PARTNER UPDATES: 945am

- CLM- training on Verbal de-escalation sessions virtually via teams 6-7:30 pm registering for it [Brichards@clmnh.org](mailto:Brichards@clmnh.org) hoping to run monthly sessions.
- YMCA- MS clubs with Timberlane, Teen nights monthly, teen fitness and strength and classes increase interest.
- SCPHN- Nalox boxes and SYNAR certificate for region. Hoping to get some OD prevention kits into Planned Parenthood in Derry, looking for Youth In Action to help put kits together UR/TRHS. Londonderry/Derry will be getting opioid settlement funds working with PHN on action plan and partnership opportunities. Also distribute de-terra pouches to low-income housing.
- AFSP- no updates, other than GIZMO discussed earlier.
- Jessica, 7 Challenges Program working with individuals at least, hoping to do groups perhaps in schools, lots of younger children that she is servicing now, including more working with emergency services.
- Hampstead Middle School- finished Suicide Prevention TOT with NAMI's Anne Duckless. Also in process of trying to book Ed Gerrity potential for early January. (\$2800?) for 5-8<sup>th</sup> grade. 4 presentations. Will invite coalition members to review for other schools. Bob is receiving more calls from Pinkerton to discuss transition issues with some student which is encouraging, but also a sign of challenges the students are still struggling with.
- HAVEN: Camp Hope- Dover Teen Center open house, Janu 24 (snow date 25) for kids 7-11 years old and for Mentors age 18-24 for the camp that runs second to last week of August. Camp is for children affected Trauma. Haven is also available for consults via hotline on Teen Dating Violence, for teachers and counselors and administrators after youth disclosure, reminder it is open to anyone, not just clients.
- Seacoast PHN reach out to schools to interface more with existing programs, how to best to set up table and have more conversations. Community health Food insecurity and homelessness and c looking for focus group with kids perhaps at Sanborn. Incentive gift card
- Timblerane update-3 D awareness month driving simulators in café this Thursday and Friday

WRAP-UP: 10:15AM MOTION MADE BY CSCOTT TO ADJOURN THE MEETING; ALL IN FAVOR

NEXT MEETING: TUESDAY, January 10<sup>th</sup> 2023

TIME: 9:00am - 10:30am

LOCATION: SANBORN HS / ZOOM