

YOUTH IN ACTION



Enjoy Life in a Natural State!

COMMUNITY ACTION



Get Involved Today!

SoRock

www.SoRockNH.org

SoRock works in collaboration with



SOUTHERN ROCKINGHAM COALITION FOR HEALTHY YOUTH

SERVING
ATKINSON
DANVILLE
FREMONT
HAMPSHIRE
KINGSTON
NEWTON
PLAISTOW
SANDOWN

OUR MISSION & VISION

SoRock is a community coalition designed to promote wellness and nurture resiliency for the children, youth and families of southern Rockingham County with the goals of preventing substance misuse and reducing the stigma related to mental health issues.

SoRock believes dynamic civic involvement is crucial for the continued development of healthy communities in the towns of Atkinson, Danville, Fremont, Hampstead, Kingston, Newton, Plaistow, and Sandown, New Hampshire.

FACTS

According to the 2017 NH Youth Risk Behavior Survey...

1 in 5 NH teens:

- have seriously considered suicide
- have reported misusing prescription drugs
- have participated in binge drinking

Nearly half of NH teens:

- have used a vapor product
- report that it is very easy to get alcohol and marijuana
- have not talked with at least one of their parents about the dangers of tobacco, alcohol, or drug use

RESOURCES



NH 211 Information Helpline
Dial 211 or visit
www.211nh.org

The Doorway
www.thedoorway.nh.gov

Family Support Groups
hopeforfamilies123@gmail.com

Partnership for Drug Free Kids
www.DrugFree.org

Suicide Prevention Hotline
1-800-273-TALK (8255)
suicidepreventionlifeline.org

SAMHSA National Helpline
1-800-662-HELP (4357)

HAVEN
Domestic Violence 24hr Hotline
1-603-994-SAFE (7233)

For a more extensive list of resources,
please visit www.sorocknh.org/resources.

WHO WE ARE

SoRock began as a volunteer driven community coalition in 1986 after parent outrage over youth alcohol related deaths.

The bedrock of the coalition has long been the relationships that we have formed among our partnerships with youth, parents, the business community, media, schools, youth-serving organizations, law enforcement agencies, religious and fraternal organizations, civic and volunteer groups, healthcare professionals, along with state and local agencies.

SoRock continually strengthens its community relationships and collaborations through successful ongoing initiatives, new programs, and aligning campaigns to address strategic priorities based on current needs assessments in the communities we serve.



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