



Southern Rockingham Coalition for Healthy Youth

c/o Sanborn Regional High School
 17 Danville Road
 Kingston, NH 03848
(603) 642-3341 Ext. 1235

DATE: April 11, 2023

TIME: 9:00am - 10:30am

LOCATION: ZOOM

PARTICIPANTS: CScott; KBinette; TLena; RFrost; DBaird; MayaC; ZParker; SSimpson; TFuller; SAreson; WLeiland; KGordon; KMcDonald;

CALL TO ORDER: 9:00am

REVIEW OF MINUTES:

SUSTAINABILITY AND BUDGET REPORTS: 9:10AM

- SoRock lost Atkinson town funding by a single vote. SoRock NOT requesting a recount.
- Al Goldstein joined the meeting with a fundraising idea: night of some kind of music or a night of comedy; some ideas are to sell food / do raffles; he will help organize if SoRock can help spearhead – people still believe we are government funded and have a huge staff. Will coordinate with Charlotte / Charlie / Al / Kelley / Tim
- Seacoast Mini Grant funding is in for misc projects.
- Still waiting on STOP Grant award announcements

COALITION UPDATES: PROJECTS AND CAMPAIGNS: 9:15

- DEA Takeback on 4/22/23 – Cscott to get the materials today
- Stand By Me – is back!! Fremont is not included this year for the 5th graders (parents with Charlotte, kids to Camp Lincoln) – need a speaker – Jeff Levin??
- 3/16 SRMS Pasta Dinner was successful, lots of community conversation.
- 3/22 Sanborn Senior Success Day “Dear Middle School Me/Mom & Dad” workshop students wrote anon letters to their 8th grade selves to share insight. Will be shared with MS parents and 8th grade.
- Tobacco Certificates delivered to South Central businesses with Timberlane Youth on 3/20
- April Alcohol Awareness Month (SoRock “Talk they Hear you” License through SAMHSA) Submitted to Atkinson Cable Channel, others to follow. Social Media campaigns and school campaigns. Lots of materials from SAMHSA
- Timberlane YRBS – New School Board members discussion started.
- 4/4 <https://nalobox.org/> Nalobox Installed at Sandown Town Hall & 30 Power Packs delivered to PD
- SoRock and RCFY Presented to the Rockingham County Republican Committee on 4/5 regarding pending Marijuana Legislation.
- NH Voices Youth Workshops Timberlane MS & HS 4/6 was cancelled due to lack of sign up.
- Marijuana Legislative Lunch with [Dale Quigney](#) - Concord taking place this afternoon.
- NH Voices Youth Workshops to take place at Sanborn MS & HS 4/13
- Climb Above Stigma Virtual Hike (Timberlane, SoRock & Connors Climb) Kickoff 4/17 through May (Mental Health Awareness Month) Climb, assembly, Resilience Movie Community Showing?
- Sanborn/SoRock Career Fair to be held on 4/19, sponsored by Seacoast PHN
- Sticker Shock w/National Guard and Timberlane Peer Outreach to take place on 4/19
- DEA TAKE BACK DAY 4/22 Seven of 8 Towns Registered
- Assisting with Safe Prom Assembly Sanborn Jr/Sr 5/9
- Hampstead Gizmo scheduled for 5/23, second grade at HCS

- Gizmo was offered to Atkinson Academy (again) and Sandown North (via Julie) since the last meeting. And possibly Danville (Jess?)
- Staying Connected to your teen workshop with TI @ Plaistow Y (late April-May)
- Sanborn Project Stand by Me 6/2

PARTNER UPDATES: 10am

- **TRSD** – will show the video of fatal reality from last year.
- **Hampstead Central School** – will do Gizmo on 5/23 for 2nd graders – 8th graders will read to them (85 second graders)
- **SCPHN and NH Liquor Enforcement** partnering to present - Total Education and Alcohol Management Training – to share facts on laws and 4/24/23 at Londonderry PD; have been installing lock boxes as well; will also clean up Derry Rail Trail for Earth Day stuff on 4/21/23; South Central PHN/SoRock Safety Kit (trigger locks, medication safe storage, OD Reversal kits) micro site development for ordering.
- **Sanborn** is bringing in Lynn Lyons 4/20, SAFE Prom Assembly on 5/9
- **ASFP** – hosting 5/20 Mental health awareness day in Derryfield; dog groomer / therapy dogs; in person Hike for Hope on June 17 / virtual suicide prevention education the second Tuesday every month – It's Real / Introduction to Supporting Those At Risk (lived experience / survive an attempt); Gizmo 5/23/23
- **National Guard** – has been working with Tim on Sticker Shock – bus is ready to go; peer outreach will do it; Drug Take Back next week; working with John Underwood (Life Of An Athlete founder) to work on a summer fitness youth cam
- **Seacoast PHN** – focus group completed – students feel like they don't have a lot of leniencies with teachers and resources, distributing Take Back materials.
- **YMCA** – getting ready for camps; using an app for employees to be able to connect to mental health help quickly if needed (over 40% have utilized it so far, but it is anonymous, so the management does not know what its for)
- April is Sexual Assault Awareness month
- **TRMS** – Kelley took a team of 8 kids to NH Teen Institute Leaders In Prevention – great time

WRAP-UP: 10:30AM

MOTION MADE BY CSCOTT TO ADJOURN THE MEETING; ALL IN FAVOR

NEXT MEETING: TUESDAY, May 9, 2023

TIME: 9:00am - 10:30am

LOCATION: SANBORN HS / ZOOM