



# Southern Rockingham Coalition for Healthy Youth

c/o Sanborn Regional High School

17 Danville Road

Kingston, NH 03848

(603) 642-3341 Ext. 1235

DATE: May 9, 2023

TIME: 9:00am - 10:30am

LOCATION: ZOOM

PARTICIPANTS: CScott; KBinette; DBaird; MayaC; Sareson; WLeiland; JZanfagna; LOta; JKowalski; TLena; KGordon

CALL TO ORDER: 9:00am

REVIEW OF MINUTES:

April Minutes

Approved Jane K & Sam A

COALITION UPDATES: 915am

- **Sanborn the only district to participate in YRBS (no TRSD or Pinkerton)**
- **Seacoast Health Mini Grant** - will be used to sustain Power Packs
- **South Central Public Health** - Creating a micro website for folks to access Power packs (Narcan & Locking med box, Deterra)
- **Nalox Box installed in Sandown** - Charlotte misquoted in the article, but the publicity is good; in talks with Atkinson and Danville to install, with Hampstead a possibility
- **Marijuana Legislative Luncheon** - well attended; folks were able to learn; did not get passed in Senate (which was good)
- **NH Voices** - happened at SRHS (went well) but canceled at TRHS with hopes to reschedule
- **Growing Connections** - Earth Day intergenerational bonding contest. Winner from Danville!
- **Connor's Climb Virtual Hike** - has been a great collaboration to get folks moving and stepping on stigma; raffles include an EMS gift card, 4 hours at the YMCA, collecting photos and prizes
- **Sticker Shock** - Liquor Commission, students, National Guard, SoRock went to Market Basket to stamp 1500 labels
- **SRHS** - 25 people showed for Lynne Lyons regarding Anxiety
- **DEA Takeback** on 4/22/23 – collected well over 400 lbs of medication
- **Safe Prom** – on May 9 to speak to students about expectations, safety tips and social hosting; Good Samaritan Law
- **Gizmo** – will be bringing Gizmo to 2nd grade at Hampstead Central School (feelings / trusted adults / mental health plan / activities) on /; then repeating it at Sandown North and Danville (1st and 2nd grade); the reach will be about 400 kids in 2 days
- **Staying Connected to Your Teen** – was postponed due to only 2 sign ups; looking to reschedule to fall at start of school
- **Anxious Nation Screening** - at the Plaistow Public Library on 5/22/23 - showing anxiety in our youth and offering skills; in conjunction with CLM (funded by NH Charitable Foundation & Endowment for Health); Tim, Kelley, & Jess to panel
- **Stand By Me** – is back!! Fremont is not included this year for the 5<sup>th</sup> graders (parents with Charlotte, kids to Camp Lincoln) – need a speaker – Jeff Levin??

SUSTAINABILITY AND BUDGET REPORTS: 9:10AM

- No word on STOP Act as of yet
- In the budget for 40k per year for existing coalitions on HB2 (same level as federal funding but will take anything)
- Local organization - Evan's Gift -has decided to dissolve and will gift SoRock their money (\$900 for shirts for virtual hike) and potentially 3k more coming

**PARTNER UPDATES: 940am**

- **TRSD** – health teachers initiated Connor’s Climb presentation and Virtual Hike info
- **SRHS** - 30 vendors showed for career information at the trade fair
- **Camp Lincoln** - training for the naloxone for staff to happen in conjunction with SCPHN and SoRock
- **SCPHN** - focus group stated they would like to see more flyers around school - Sam to work on permissions for schools
- **ASFP** – 5/23/23 - Introduction to supporting those who are at risk; virtual from 6 - 7pm for support: hosting 5/20 Mental health awareness day in Derryfield; dog groomer / therapy dogs; in person Hike for Hope on June 17 / virtual suicide prevention education the second Tuesday every month – It’s Real / Introduction to Supporting Those At Risk (lived experience / survive an attempt); Gizmo 5/23/23;
- **Beacon** - wondering about the overlap between Doorways and the work SoRock is doing to help each other out;

WRAP-UP: 10:30AM

MOTION MADE BY CSCOTT TO ADJOURN THE MEETING; ALL IN FAVOR

NEXT MEETING: TUESDAY, June 13, 2022

TIME: 9:00am - 10:30am

LOCATION: SANBORN HS / ZOOM