



# Southern Rockingham Coalition for Healthy Youth

c/o Sanborn Regional High School

17 Danville Road

Kingston, NH 03848

(603) 642-3341 Ext. 1235

**DATE:** December 12, 2023

**TIME:** 9:00am - 10:30am

**LOCATION:** ZOOM

**PARTICIPANTS:** Charlotte Scott: Kelley Binette (TRMS); Dave - YMCA Camp Lincoln; Ronnie Shaw - Community Member; Caitlin Almon & Melissa (Fremont School Counselors); Tracy Fuller (YMCA); Samantha Areson (SPHN); Kacie Snyder - New Futures; Kate MacDonald (SCPHN); Tim Lena (TRHS); Jane Kowalski - parent; Jim Zanfagna - Angels of Addiction; Zack Parker - SRHS; Bob Mailloux - HMS

**CALL TO ORDER:** 9:03am

**REVIEW OF MINUTES:**

Review November 2023 minutes

Motion: CA Second: TL

**COALITION UPDATES:** 9:06 am

- **Community Appreciation Event** - approximately 50 individuals showed for recognition of community partners; many comments around the vast collaboration our partnerships reach
- **Senior Goodie Bag** - with a USB full of “adulting” resources and swag; Kimberly Wade has done something like this before and shared her info with Charlotte; Looking to target Sanborn and Timberlane and maybe Hampstead seniors from Pinkerton, if not all seniors from Pinkerton; they have uses USB quotes but could do something like a keychain - maybe put a code to a website that way the website could be updated
- **Stand By Me** has a date with Camp Lincoln
- **Screenagers** - we are able to do it again due to low attendance at the PAC. Will now do it at Hampstead Middle school with a parent component
- **Gizmo** is under way again planning for Atkinson Academy and Memorial School in Newton - Fremont and Bakie to observe
- **AFSP** - SoRock will be recognized at the gala in April for our work with Gizmo; We will be recognized with Southern NH Univ.
- **SRHS and TRHS** went to the Youth Empowerment Conference - really got kids excited about projects back at their own schools - middle school kids did attend so may be appropriate
- **Getting to Y** - youth look at their own YRBS data to analyze it - Pinkerton and Sanborn participating in the program.
- **CADCA Conference** in January - Charlotte is attending from support of SCPHN - the SAM conference is the next day and so Charlotte will be able to stay one more day to attend that

**SUSTAINABILITY AND BUDGET REPORTS:** 9:10AM

- Still waiting on sponsorship check for 3k from Exeter Hospital
- Still waiting to see if we need to go to any town meetings - we DO NEED citizen signatures from Atkinson - the climate in Atkinson is very prohibitive due to spending on police station and library
- The funding from the State continues to be in progress - have not yet received any monies yet for the former DFC coalitions (we can use this to fund infrastructure)
- Youth Well New Hampshire - offered mini-grants - we requested 8500 for Screenagers / Gizmo / Parent Handbooks - they are in the process of talking with SoRock for more information; we won't know until the end of January
- Made almost \$600 on the Bruins signed jersey raffle - the SRO from Sanborn was the lucky winner!
- Back on the warrant for Hampstead (per their policy) - they have reached out for reports for budget committee & selectman

**PROJECTS AND CAMPAIGNS:**

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- **Plaistow YMCA** Wednesday Dec 20, 2023 - BLOOD DRIVE and GIVING TREE; seeing more youth play pickleball; things are busy; appeals going out to support the work they are doing
- **HMS** - Bob is trying to find a night to do Screenagers because they are so busy; brought in "Chaos and Kindness" - was ok
- **Ellis School** - the School Board will have both Sanborn and Pinkerton on the ballot for "school choice"
- **CLM** – no longer a waitlist for children at CLM; still doing 7 Challenges (meets on Mondays in Salem) and Firs Psychosis group going strong
- **Camp Lincoln** - busy in camp prep for school vacation week, then summer registration opens up 1/16/24
- **SPHN** - Maria has retired! so things are very busy with paperwork
- **TRHS** - School climate / Student Voice with Dr. Preble; looking to revive LOA trainings in the state
- **Choose Love** - willing to partner and Charlotte is exploring
- **New Futures** - gearing up for the Legislative session to track the Legislative Service Requests to see if they turn into bills - themes for New Futures is related to prevention around cannabis and some parts around alcohol (with Dover Y2Y) - can sign up for general Action Alerts to stay abreast of happenings with legislation
- **SCPHN** - has installed an Naloxbox at the Next Charter School in Derry; they are also working on getting the SYNAR certificates to businesses; would like to partner with SRHS and TRHS to deliver
- **Angels of Addiction** - invited to be on podcast with the theme "9 years later" to discuss how it's been - Doug Griffin and Libby Strauss are also going to attend; Angels will take on a new direction by doing "Portraits of Recovery"

WRAP-UP: 10:15AM

MOTION MADE BY CSCOTT TO ADJOURN THE MEETING; ALL IN FAVOR

NEXT MEETING: TUESDAY, January 9, 2024

TIME: 9:00am - 10:30am

LOCATION: SANBORN HS / ZOOM